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*** JAI TAMUMEI ***



तमू (गुरुङ) सम्पदा त्रि-भाषीय पुस्तक Tamu Heritage Trilingual Book (The History, Culture, Language and Civilisation of the Gurung people)



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प्रस्तावना

तमू (गुरुङ) साँस्कृतिक मञ्च, यूकेको स्थापना सन् मार्च २०१७ मा तमू-गुरुङ सम्पदा संरक्षण गर्ने उद्देश्यले भएको हो । तमू-गुरुङहरू नेपालको मध्यभागको सिरानमा फैलिएको अन्नपूर्ण हिमशृंखलाको काखमा बसोबास गर्ने प्रसिद्ध र गौरवशाली जाति हुन् । तमू-गुरुङका पुर्खाहरू रोजगारी र शिक्षाको खोजीमा विस्तारै गण्डकी उपत्यका बाहिर निस्किए र नेपालभरि फैलिए । देशको सीमा नाघेर भारत, बर्मा, भुटान, हङकङ, बेलायत, अमेरिका, जापान अष्ट्रेलिया, क्यानाड, र युरोप लगायतका अरू देशमा पनि पुगे । विश्वभरि छरिएर पनि तमू-गुरुङहरू भावनात्मक रूपले एक छन् । नातेदारी र पारिवारिक सम्बन्धले बाँधिएका छन् । तिनका विभिन्न संघ-संस्थाहरू आफ्नो परम्परा, सम्पदा र साँस्कृतिको संरक्षण एवं जगेर्नामा क्रियाशील छन् ।

नेपालको विभिन्न भू-भागबाट आएका तमू-गुरुङहरूको आफ्नै साँस्कृति, परम्परा र रहनसहन छ, तापनि ठाउँ तथा क्षेत्र अनुसार केहि भिन्नताहरू पाइन्छ । उनीहरू बीचको यो साँस्कृतिक विविधता विदेशमा बेला बखत आयोजना हुने कार्यक्रमहरूमा सार्वजनिक हुने गरेको पाइन्छ । तमूहरूको आफ्नै प्रकारका जन्म, विवाह र मृत्यु संस्कारहरू छन् । तमू ल्होचोब/ल्होछार/ल्होसार पितृ पूजा, ट्होलेँ, दशैं र तिहार आदि जस्ता पर्वहरू मनाउने चलनमा पनि थोरै बहुत विविधता छ । यसैले, उनीहरूलाई भावनात्मक र साँस्कृतिक रूपले एकीकृत गरी साझा तमू पहिचानको विकास गर्नु अत्यन्त आवश्यक छ ।

तमू (गुरुङ) समुदाय भित्रको विविधतामा एकता खोज्ने उद्देश्यले तमू (गुरुङ) साँस्कृतिक मञ्च यूकेले तमू धीँ यूके र तमू फे ल्हू संघ यूकेको सहयोगमा बेलायतमा क्रियाशील रहेका **७४ बटै** तमू संघ-संस्थाहरूलाई समेटी सबै तमूहरूलाई मान्य हुने साझा तमू संस्कार र परम्परागत विधिहरूको सूचि तयार गर्नु हो । बेलायत र विश्व भरिकै तमूहरूलाई एकत्रित भई र तमू संस्कारहरू सम्पन्न गर्ने उपयुक्त एवं व्यवहारिक विधिहरू पहिल्याउने उद्देश्यले यो प्रयास अघि बढाइएको हो । बेलायतमा सक्रिय गुरुङ, (तमू) संस्थाहरू आफ्नो संस्कारको मानकीकरण गर्ने र लक्षकतापूर्ण विधिहरू पहिल्याउँदै त्यसको संरक्षण गर्ने विषयमा एकमत छन्। आफ्नो पहिचान, परम्परा र साँस्कृतिमा कुनै प्रकारको विचलन नआओस् भन्नेमा पनि तमूहरू सचेत छन् ।

लक्ष्य

मार्च महिना २०१७ मा भएको तमू (गुरुङ) साँस्कृतिक मञ्च, यूकेको पहिलो परामर्श बैठकमा त्रि-भाषीय तमू (गुरुङ) पुस्तक **“तमू सम्पदा त्रि-भाषीय पुस्तक”** गुरुङहरूको इतिहास, साँस्कृति, भाषा र सभ्यता” प्रोजेक्ट मीलेनियम प्रकाशनको विश्वमा अहिलेसम्म भएको प्रगतिबारे छलफल गरियो र यस कार्यलाई अगाडी बढाउँदै लैजाने लक्ष लिएको छ । यो पुस्तक प्रकाशन (तमू) साँस्कृतिको जगेर्ना गर्ने अभियानमा एउटा महत्वपूर्ण प्रयास हुनेछ । गुरुङ (दिनदिनै प्रयोग गर्ने अती आवश्यक शब्दहरू र वाक्यहरू मात्रै) नेपाली र अङ्ग्रेजी गरी तीन भाषामा प्रकाशन हुने यो पुस्तकले विश्वभरि छरिएर रहेका तमू-गुरुङहरूलाई आफ्नो जातिको इतिहास र साँस्कृति बुझ्नमा मद्दत गर्नुको साथै सम्पूर्ण तमू-गुरुङहरूलाई आफ्नो साँस्कृति संरक्षण गर्न र भावी पुस्तालाई हस्तान्तरण गर्न पनि प्रेरित गर्नेछ । प्राजेक्ट डिसेम्बर २०२४ मा सम्पन्न हुने लक्ष्य राखिएको छ (COVID 19 को कारण)

1. PREAMBLE

The Tamu (Gurung) Cultural Forum-UK was founded in March 2017 to preserve the heritage of the Gurung people. We, the Tamu (Gurung) people are a prominent and proud race from the slopes of the Annapurna Himalayan Range in Central Nepal. The ancestors of the Gurungs (Tamu) migrated out from the Gandaki Basin in search of jobs and education, and have settled all over Nepal. Many have since moved on to India, Burma, Bhutan, Hong Kong, United Kingdom (UK), America, Japan, Australia, Canada, Europe and other countries. Despite this, the Tanu (Gurung) Diaspora is closely-knit by family and kinship ties, as communities and association work to preserve its indigenous heritage and culture. Because they have come from various parts of Nepal, where the culture and customs of the Gurung people vary from place to place, there is a need to bring them together under one common Tamu identity. These differences come to the fore mainly when international Tamu communities from various regions and villages gather together. The Tamu (Gurung) people mark births, marriages, deaths as well as festivals such as Tamu Lhotoba/Lhochhar/Lhosar, Pitri Puja, Tohte, Dashain and Tihar with various customs.

In order to forge unity through this diversity, the Tamu (Gurung) Cultural Forum-UK, Tamu Dhee Association UK and Tamu Pye Lhu Sangh UK are working together to set a more standard set of cultural norms, customs and traditions that accommodate all **74 Tamu** organisations in the UK. The aim is to unify and preserve a more appropriate and pragmatic approach to these practices in the UK and globally. The Tamu (Gurung) organisations in the UK understand that while trying to standardize and build a more flexible set of culture and customs, it is also important to preserve them and stem the erosion of this culture. The project will be completed by December 2024 (Extended due to COVID-19).

2. AIM

The main aim of Tamu (Gurung) Culture and Customs Forum-UK's first consultation meeting held in March 2017 was to discuss and compile a Gurung Trilingual Book entitled **"Tamu Heritage Trilingual Book" – the history, Culture, Language and Civilisation of the Gurung people**. This piece of work was to be called Project Millennium – a flagship undertaking to preserve and maintain the Gurung culture.

The book will be in Gurung dialect (only the most essential words, phrases and sentences of everyday use), Tamu, Nepali and English language will help Tamu people worldwide to understand and identify with the Gurung history and culture, and work in its conservation so that future descendants can benefit.

3. OBJECTIVES

To promote, foster and maintain the bonds of friendship amongst all Tamu (Gurung) Members of the **74 Tamu (Gurung)** organisations in UK as well as those living in other parts of the world by coalescing to support the Tamu (Gurung) Culture Forum-UK Gurung Trilingual Book Project Millennium with the following objectives:

- To maintain links with and support from Gurung Organisations in UK, Nepal and around the globe.
- To promote and maintain conservation and consolidation of the ancestral and Inherited culture and heritage of the Gurungs for posterity.
- To organise sponsorship and charitable programs to raise funds for the Gurung Heritage Trilingual Book project and also to foster relationship with foreign institutions local Authorities.
- Not to promote the Forum for any political and religious ideologies or personal gain.

4. MODALITY

A not-for-profit sharing project by the name of the Tamu (Gurung) Trilingual Book Project entitled **"Tamu Heritage Trilingual Book"– the History, Culture, Language and Civilisation of the Gurung people**.

- Step1 - Provide full Financial Support and mentoring for the Gurung Trilingual Book Project Millennium.
- Step 2 - Provide Support and complete draft of Gurung and Nepali version by April 2024.
- Step 3 - Provide Support for connecting to all stake holders of Gurung (Tamu) organisations in UK and globally. So that they can launch innovative Gurung Heritage Trilingual book product and services aimed at impacting the project economic and social development.
- Step 4- Provide Support and complete the Tamu (Gurung) Trilingual Book Project Millennium by December 2024 (Extended due to COVID-19).

5. REQUESTS TO RAISE FUND FOR THE TAMU (GURUNG) HERITAGE BOOK PROJECT MILLENNIUM:

Tamu (Gurung) Forum-UK requests all the Gurung organisations and members living in the UK and globally to donate **£100/\$100/Rs.1000** and take ownership of the Gurung (Tamu) Heritage Trilingual book. The contribution goes towards:-

- By bringing ideas to move the fund raising campaign effectively to meet the Forum Project goal.
 - To provide financial support within your capacity for this historical Tamu Hermitage book project. The high quality Digital book cost will be approx: **£50** and also extra admin cost.
 - By signing up to donate **£100/\$100/Rs.1000 (Including membership)** to become board member and ownership of Tamu Heritage book which will receive a book after completion of project. Both husband, wife and village name will be written at back page of the book. (eg: Raju and Keshari Lem Tamu, Baral Danda, Kaski, now Kant UK.
6. Thus the Tamu (Gurung) Culture Forum-UK would like to request individuals donor and Gurung communities to contribute for one time financial support for the historical Gurung Trilingual Book Project. On behalf of the young generation of Tamu (Gurung) of UK, Nepal and abroad, The Forum appreciate very much for your involvement and financial support to make the dream come true of the Tamu (Gurung) Heritage Trilingual Book project.

“ङ्योई अलस्र्याँ ख्वबई लब, तोखो आलस्र्याँ ख्योँ लब तमुमई”
(हामीले नगरे कसले गर्ने र अहिले नगरे कहिले गर्ने गुरुङहरू)

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